

# NEURO LINGUISTIC PROGRAMMING

Web: www.bolc.co.uk

Email: admissions@bolc.co.uk

### **Course Introduction:**

Your brain, thoughts, and behavior are at the core of everything that you do every day, even if you aren't aware of it. In order to truly achieve the results that you want to achieve, you must master the art of bringing your unconscious thoughts to the surface, so that you can have real choice over how you interact with and respond to the world.

Neuro linguistic programming can give you the tools to do just that. On this course you will learn the basics of neuro linguistic programming. We will give you the tools to manage your thoughts, and thereby manage yourself.

# **Course Benefits**

	Accredited Course	<b>V</b>
	Full Tutor Support	<b>V</b>
	Delivered through distance learning	<b>V</b>
	Self paced, no fixed schedules	<b>V</b>
	Available to students any where in the world	<b>V</b>
	Interest Free Fee Instalments	<b>V</b>



**Course Duration:** 125 Hours (Flexible)

#### **Entry Requirement:**

There is no particular entry requirement for this course.

#### **Course Accreditation:**

Certificate in Neuro Linguistic Programming (Level 2)

**Awarding Body:** ABC Awards

#### Fee Schedule:

Total Fee: £360 (Including Admission Fee)

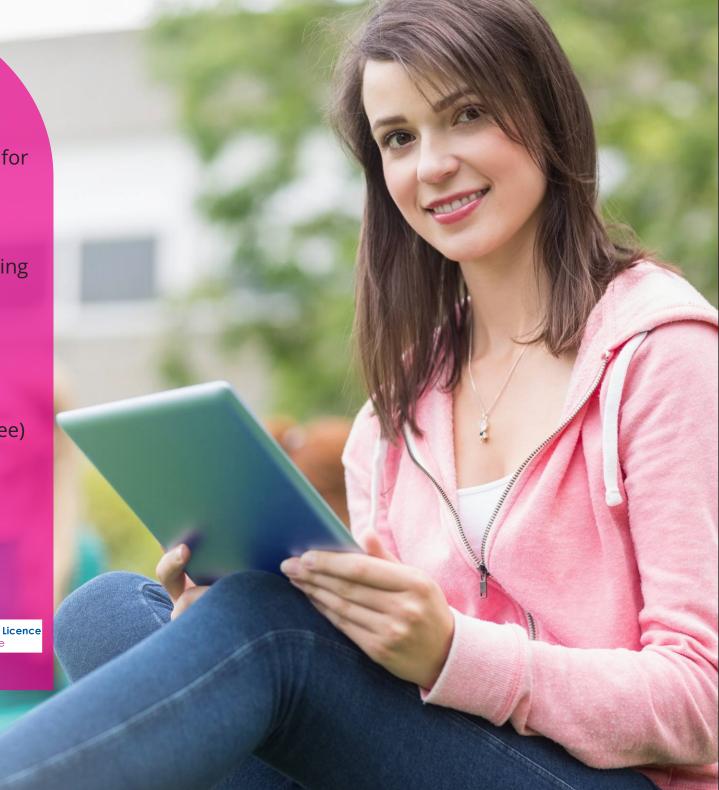
Admission Fee: £80

10 Monthly Instalments: £28 / Month

There is £60 discount if fee is paid in full.

Discounted fee: £300





#### UNIT 1

#### **What is Neuro Linguistics Programming**

Defining Neuro Linguistic Programming
Understanding Common NLP Terms
The NLP Presuppositions
The Senses According to NLP
Eye Accessing Cues
Using Enriched Language

#### UNIT 2

#### **Introduction of Body Language**

The Signals we Send
Interpreting Body Language
Using Body Language
The Power of Hypnotic Language
Influencing Outcomes

#### UNIT 3

#### **How to Establish a Maintain Rapport**

Developing Rapport
Matching and Mirroring
Sensory Systems
Pacing and Leading
Role Play

#### **UNIT 4**

#### **Creating Comprehensive Outcomes**

Establishing an Inner Map
What Does Congruency Mean?
Achieving Congruency
Creating Comprehensive Outcomes

#### **UNIT 5**

#### **Use of Anchors**

How to Use Anchors?
Creating a Desired State
Basic Anchoring Techniques
Collapsing Anchors
Chaining Anchors
Chunking Information

## **Your Learning Experience - FAQs**

#### How is the course delivered?

Guided learning hours for the course are 125. The course is flexible you can work according to your own schedule. The course is assignment based after each course unit you will complete an assignment which you will submit to your tutor for marking. The tutor will mark the assignment and will upload feedback on the portal within 10 working days of the assignment being submitted. On successfulcompletion of the unit you will move on to the next unit and this you will complete your course. There is no formal exam to take at the end.

#### How will I study?

When you enrol on this course you are assigned a personal expert tutor, to guide and encourage you throughout your studies with the College. Your tutor will be available throughout your course to give you help with specific issues, and difficult topics.

Relevant practical exercises and projects are

Relevant practical exercises and projects are introduced throughout the course aimed at applying the theory and skills learnt.

#### What is so special about this course?

This is a unique course. We start from the very basics and give you all the essential knowledge required for working in the field successfully.

#### What support do students get?

#### **Learning Material**

All the core learning material will be provided to you from the college. You don't have to buy any text books. However we encourage our students to conduct their own further reading.

#### **Additional Supporting Material**

Additional support material and useful links are available on the LMS (Learning Management System) for further reading.

#### **Tutor Support**

When you enroll on any of our courses you are assigned a personal tutor to support you with your studies. You complete all this work under the supervision and guidance of your tutor who provides you feedback on your assignments and course work on regular basis throughout your course.

#### **Online Discussion Forum**

Our online forums enable you to share ideas with other students and support each other throughout your studies. Tutor's regularly review the forums and reply to student's questions or concerns.

#### Is the course accredited?

This course has been accredited under ABC Awards QLS (Quality License Scheme) by Brentwood Open Learning College. ABC Awards is a leading national Awarding Organisation, regulated by Ofqual, and the Welsh Government for their qualifications on the national framework i.e. the Qualifications and Curriculum Framework (QCF). It has a long established reputation for developing and awarding high quality vocational qualifications across a wide range of industries.

As a registered charity, ABC Awards combines 180 years of examination and assessment expertise but also implements a responsive, flexible and innovative approach to the needs of our customers.

#### How much does it cost?

The full course fee is £360

There are two Options available for you.

#### Option 1

When paying full fee in advance you will get **£60** fee discount and will pay **£300** for the complete course.

#### Option:2

When paying in instalments you will pay £360 for the complete course. This fee will be paid according the following schedule:

At the time of admission £80. Then 10 instalments of £28 each.

The fee covers complete cost of your course which includes: the cost of registration, course study material, tutor support and certification fee.

#### **Payment Methods**

We at BOLC offer you the variety of payment methods to make the payment process easily manageable. You can choose any of the following methods to pay your fee:

- ☐ Credit or Debit Card
- ▽ PayPal
- → Bank Transfer

#### Can I pay my fees in instalments?

Yes, you can pay your fee in up to 10 interest free monthly instalments. However there is special fee discount available for those paying in full at the time of admission.

#### What Student Will Learn?

- >Define neuro linguistic programming (NLP) and its key terms
- > Describe the key presuppositions of NLP
- > Describe the five key senses as seen by NLP
- >States of mind/modes of thinking using predicates & visual cues
- > Develop and refine response strategies for any situation
- >Use enriched language to engage your audience
- >Interpret body language based on NLP principles
- >Ask clean, precise questions to get the information you need
- >Use hypnotic language and positive commands to get results

#### How to Apply?

#### **Online:**

You can enroll online by completing the **Apply Online** form on **www.bolc.co.uk** 

OR

#### **Email:**

You can contact us on **admissions@bolc.co.uk** and we will send you all the course information along with the application form which you can fill in and return to us on the same email. After processing your application form we will send you an invoice for the payment of your fee along with guidance on making payment.







# **CONTACT US**

BRENTWOOD OPEN LEARNING COLLEGE
3 Oswin Road,
Brailsford Industrial Estate
Braunstone
Leicester, LE3 1HR, United Kingdom

Tel: +44 292 0026 229

Web: www.bolc.co.uk

Email: admissions@bolc.co.uk